

Long-Term Care Cost Trends

What are the costs?

National Average Monthly Costs:

- Home care \$3813
- Assisted living \$3628
- Adult day health \$1473
- Nursing home (private room) \$7698
- Aging in place, home modification: costs may vary widely from \$10,000 to hundreds of thousands to reconstruct a home's interior to accommodate disabilities • Supplies, equipment, hearing aids, dentures, specially equipped vehicle for a wheelchair, etc. can add substantial costs as well.

Source: Genworth Cost of Care Study, 2017

What are the Odds?

Automobile Accident: 1 out of 240 [0.4%]

House Fire: 1 out of 1,200 [0.08%]

Long Term Care: 1 out of 2 [50%]

Source: The National Academy of Elder Law Attorneys

People 65 years old face at least a **50%** lifetime long-term care chances needing nursing home care at some point during their lifetimes. People over age 65 have increasing odds of needing long-term-care services in the future.

Source: Dept. of Health & Human Services

92% of all Long-Term Care Insurance claims are for three years or less. 4.5% will need Long Term Care for more than six years.

43% of claims lasted one year or less due to: short recoverable illness, sudden terminal illness.

The average length of claim that lasted more than a year was **3.9** years.

15% of their claims have lasted longer than 5 years.

71% of long-term care insurance claims are made by women.

For each person receiving long-term care in a nursing home, there are four people receiving home health care.

Isn't long term care just for old people?

40% of the 13 million people receiving long-term care services are between the ages of 18 and 64.

Source: U.S. Government Accounting Office

Financial Planning for long-term care

45% of retirees aren't confident that they will be able to pay for long-term care cost from their existing assets and income sources. 57% of pre-retirees feel the same way.

Source: Employee Benefit Research Institute.

Possible sources to pay long-term care expenses

Government Programs		Private Programs
Older Americans Act Program		Personal assets
Medicare		Line of credit
Veterans benefits		Life settlement
Medicaid		Reverse mortgage
		Long-term care insurance

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